

# SPA

**SPECIALIST PSYCHOLOGY ASSOCIATES**



## CURRICULUM VITAE

**Name:** Dr Maxine Sinclair BSc, MSc, DClin Psy, PGdipNeur, C Psychol.  
Chartered Consultant Clinical Psychologist

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**Dr Maxine Sinclair** is a Chartered Consultant Clinical Psychologist, with a Doctorate in Clinical Psychology (DClinPsy) from the University of Hull, a MSc in Neuroscience (University College London) and a postgraduate diploma in Neuropsychology (Institute of Psychiatry – University of London).

### **Dr Sinclair has:**

- publications in neuropsychology and
- extensive experience in the assessment and treatment of young people with:
  - acquired brain injury (ABI),
  - traumatic brain injury (TBI),
  - neurodevelopmental conditions such as ADHD and ASD,
  - neurological conditions (epilepsy and neurological conditions secondary to physical health problems such as stroke and brain tumours),
  - psychological conditions and educational difficulties.
- accumulated in excess of **20 years experience in the cognitive and neuropsychological evaluation of infant, child, adolescent and adults.**
- been employed as a Consultant Clinical and Neuropsychologist at South London and Maudsley (SLAM) NHS Foundation Trust within a National and Specialist Child and Adolescent Mental Health Service for individuals with congenital brain injury, (ABI), traumatic brain injury (TBI) and other neurodevelopmental and neurological conditions including those secondary to health conditions such as biliary atresia and sickle cell.
- over of **16 years experience** of undertaking **neuropsychological assessments** for **Court (Civil, Criminal, Family and Educational Tribunals)** and has given evidence in front of senior judges in the **Court of Appeal.**
- in **excess of 20 years experience delivering evidence based treatments** to young people and their families and supervising the delivery of treatments by junior colleagues including clinical psychologists, junior psychiatrists, occupational therapists, behaviour therapists and support workers.

**Dr Sinclair** often coordinates services provided by the clinical network and provides consultation to clinicians working with the young person and his/ her family and other systems around the young person.

**Additionally, Dr Sinclair has:**

- a postgraduate diploma in **Cognitive Behaviour Therapy (CBT)** and is trained in the provision of **Cognitive Rehabilitation, Positive Behavioural Modification and Systemic Therapy**.
- extensive experience working with young people across the whole cognitive spectrum from individuals with profound learning disability to exceptional cognitive skills.
- worked for 6 years in a tertiary NHS learning disability team that provided assessment and individualized treatments for young people with congenital and acquired cognitive impairments.
- been the **lead psychologist** for more than **14 years** in services for children and young people with neurological conditions and neurodevelopmental disorders, providing direct clinical services to service users and their families and indirect services through the supervision of junior clinicians and consultation to other agencies. She **worked collaboratively with NHS commissioners and/ or case managers to provide comprehensive treatment packages** to children and their families through her NHS and private work.
- **more than 20 years experience of training, supervising and managing** clinical psychologists. She is lead psychologist for a tertiary out-patient CAMHS department at a leading NHS mental health trust and line manages more than 40 clinical psychologists and assistant psychologists. She provides supervision to consultant psychologists and senior psychologists working in **neuropsychology, forensic psychology, paediatric psychology and mental health**.

**Dr Sinclair** is an **Autism Diagnosis Observation Schedule Trainer**, teaches neuropsychology and psychometrics on the Institute of Psychiatry, Psychology and Neuroscience (IOPPN) training courses and provides clinical supervision to qualified psychologists and psychologists in clinical training.

**Dr Sinclair has worked in the NHS for more than 20 years and has been in private practice for more than 10 years.**

**NHS Employment History**

2000 to present: Principal Clinical Psychologist/ Team Coordinator/ Lead Neuropsychologist South London and Maudsley NHS Trust. Children's Directorate, National & Specialist Teams. Developmental Neuropsychiatry Service

**1996-2000: Clinical Psychologist**

South London and Maudsley NHS Trust, Children's Directorate, National & Specialist Teams. Learning Disability Service, Autism Service and Depression Service.

**Child, Adolescent and Family Assessments and Interventions**

She expertise in delivering specialist and expert assessments and interventions of the following:

- Acquired brain injury
- Congenital brain injury
- Neurological conditions (i.e. epilepsy)
- Physical conditions affecting cognitions (hepatic encephalopathy, sickle cell, HIV, brain tumours)
- Forensic psychology (fitness to plead, risk assessments)
- Anxiety and depression

- Attention Deficit Hyperactivity Disorder
- Autism
- Global Learning Disability
- Specific learning Difficulties (dyslexia)
- Post Traumatic Stress Disorder
- Conduct Disorder
- Educational Assessments
- Developmental and Neuropsychological assessments
- Risk of self-harm and/or harm to others; Risk management.

### **Treatment**

- Cognitive Rehabilitation
- Cognitive Remediation therapy
- Cognitive Behavioural Therapy
- Interpersonal Therapy
- Systemic Therapy
- Positive Behavioural Therapy
- Social skills
- Anger Management
- Motivational Therapy
- Parent Training

### **Relevant Continuing Professional Development and Training**

- 2011 Autism Diagnostic Observation Schedule Trainer (Institute of Psychiatry)
- 2006 Autism Diagnostic Interview Training (Institute of Psychiatry)
- 2006 Autism Diagnostic Observation Schedule Training (Great Ormond Street)
- 2006 3Di (Great Ormond Street)
- 2004 Post Graduate Diploma Neuropsychology (Institute of Psychiatry)
- 2001 Webster Stratton Training (South London and Maudsley NHS Trust)
- 1997 Interpersonal Therapy (institute of Psychiatry)
- 1996 Post Graduate Diploma Cognitive Behavioural Therapy (Institute of Psychiatry).